

The book was found

# Skiing: A Woman's Guide



## Synopsis

"In this book, Maggie Loring gives each and every woman a well-designed ski lesson: her approach is personal, customized, encouraging, engaging, and highly informational."--Linda Crockett, Education Director, Professional Ski Instructors of America "Reading this book is like having a big sister--attentive, informed, and supportive--take you on the ultimate skiing adventure."--Mermer Blakeslee, National Demonstration Team member of Professional Ski Instructors of America "This is a wonderful, comprehensive introduction to skiing. Maggie Loring calms anxious readers with her sensitive descriptions of getting started, and she tempts all readers with the extraordinary experiences this lifetime sport offers."--Carol Levine, Training Manager, Vail and Beaver Creek Ski and Snowboard Schools, Colorado Find the joy, lose the jitters Turn fear into thrill, unite mind and body, rediscover play and adventure, and give everyday cares a rest. In this book, veteran instructor Maggie Loring lovingly shares her lifelong enthrallment with alpine skiing and shows women of all ages how to find the same joy and confidence in this timeless sport. Full of inspiration, encouragement, personal stories, and supportive, wise-woman counsel from many female skiers, *Skiing: A Woman's Guide* helps you conquer the slopes with clear, illustrated instructions . . . advice on where to go . . . what to wear and what gear to choose . . . and resources for locating the right instructor and connecting with other women skiers.

## Book Information

Series: Ragged Mountain Press Woman's Guides

Paperback: 144 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (August 24, 1999)

Language: English

ISBN-10: 0070388679

ISBN-13: 978-0070388673

Product Dimensions: 7.2 x 0.5 x 9.1 inches

Shipping Weight: 12 ounces

Average Customer Review: 3.7 out of 5 stars 3 customer reviews

Best Sellers Rank: #2,910,351 in Books (See Top 100 in Books) #99 in [Books > Sports & Outdoors > Outdoor Recreation > Skiing > Downhill](#) #869 in [Books > Sports & Outdoors > Outdoor Recreation > Canoeing](#) #2725 in [Books > Sports & Outdoors > Winter Sports](#)

## Customer Reviews

Full of inspiration, encouragement, personal stories and supportive wise woman counsel from many

female skiers, *Skiing: A Woman's Guide* helps women conquer the slopes with clear, illustrated instructions. (Outfitter Magazine 1999-12-02) Loring is a skilled skier and innovative instructor, and her book reflects both. The instructions are comprehensible, the pictures are clear and the tone is encouraging. (SKi Press 1999-12-01)

"In this book, Maggie Loring gives each and every woman a well-designed ski lesson: her approach is personal, customized, encouraging, engaging, and highly informational." Linda Crockett, Education Director, Professional Ski Instructors of America "Reading this book is like having a big sister--attentive, informed, and supportive--take you on the ultimate skiing adventure." Mermer Blakeslee, National Demonstration Team member of Professional Ski Instructors of America "This is a wonderful, comprehensive introduction to skiing. Maggie Loring calms anxious readers with her sensitive descriptions of getting started, and she tempts all readers with the extraordinary experiences this lifetime sport offers." Carol Levine, Training Manager, Vail and Beaver Creek Ski and Snowboard Schools, Colorado

Kind of old-fashioned print style inside. I should of sent it back.

*Skiing: A Womens Guide* offers practical and up to date advice for women who want to learn more about this great sport. After reading this book I felt it truly captured the experience of skiing. I enjoyed reading about all of the aspects of skiing, what to wear, safety on the mountain, as well as expected experiences for beginners to experts. This book covers all of this and much more in articulate and common sense language. Thanks Maggie, for publishing a guide for a group of skiers that have a greater need to understand the basics before moving on to bigger challenges. I've been involved in teaching women to ski for over ten years and this book also illustrates the fun, friendships and learning that occurs with women skiers. Outstanding job.

This book provides practical information about skiing for women of all ages and abilities. This advice ranges from helpful hints for beginners to technical pointers for advanced skiers in powder. What makes the book more valuable than a standard how-to book, is its female perspective and the shared stories of real women skiers. I recommend this book for its practical information as well as for its descriptions of the motivations of a variety of women skiers. Read this book and you'll be itching to get on the slopes.

[Download to continue reading...](#)

Backcountry Skiing Utah: A Guide to the State's Best Ski Tours (Backcountry Skiing Series)  
Climbing and Skiing Colorado's Mountains: 50 Select Ski Descents (Backcountry Skiing Series)  
Backcountry Skiing California's High Sierra (Backcountry Skiing Series) Soft Skiing: The Secrets of Effortless, Low-Impact Skiing for Older Skiers Backcountry Skiing Utah (Falcon Guides Backcountry Skiing) For the Love of Skiing: A Visual History of Skiing The Physics of Skiing: Skiing at the Triple Point Backcountry Skiing Snoqualmie Pass (Falcon Guides Backcountry Skiing) Skiing: A Woman's Guide The Single Woman's Guide to Becoming a Full-Time RVer: Help for women considering the RV life! Plus, an RV Buying Checklist! (RV Lady's Single Woman Guide Books Book 1) Mt. Shasta Book: Guide to Hiking, Climbing, Skiing & Exploring the Mtn & Surrounding Area (3rd Edition) Mount Shasta: A Guide to Climbing, Skiing, and Exploring California's Premier Mountain The Unofficial Guide to Skiing & Snowboarding in the West (Unofficial Guides) Fodor's Vienna & the Best of Austria: with Salzburg & Skiing in the Alps (Travel Guide) DENVER & COLORADO GUIDE: Bikes, Brews, Skiing & Rocky Mountains The Mt. Shasta Book: A Guide to Hiking, Climbing, Skiing, and Exploring the Mountain and Surrounding Area Shawangunks Trail Companion: A Complete Guide to Hiking, Mountain Biking, Cross-Country Skiing, and More Only 90 Miles from New York City Ski Faster! Guide to Racing and High Performance Skiing Colorado: Hut to Hut : A Guide to Skiing and Biking Colorado's Backcountry Exploring the Yellowstone Backcountry: A Guide to the Hiking Trails of Yellowstone With Additional Sections on Canoeing, Bicycling, and Cross-Country Skiing (Third Edition)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)